

Retreat to Nature **Guide 2017**

Organic Oasis Farm
23733 Hamburg Ave,
Lakeville, MN 55044

Organic Oasis Farm is located approximately 3 miles south of Lakeville, MN.

Your country experience begins when you hit the gravel roads (your car ~~may~~ will get dirty). There are clearly marked location and parking signs on Hamburg Avenue.

Cell phones - Our Retreats are unplugged – we invite you to be fully present – Leave cell phone in your vehicle.

Mosquitoes - Apply your bug spray prior to entering. Organic spray provided for use in woods.

Recycling and Trash – Bins provided and marked – no burning of trash in bonfires.



What to Bring: (optional)

A cooler - for your own beverages & food. Some events will have an organic meal option, check availability on website.

<https://oasisyogaretreats.com/retreats/>

Blanket and/or chair – organic hay bales provided for seating

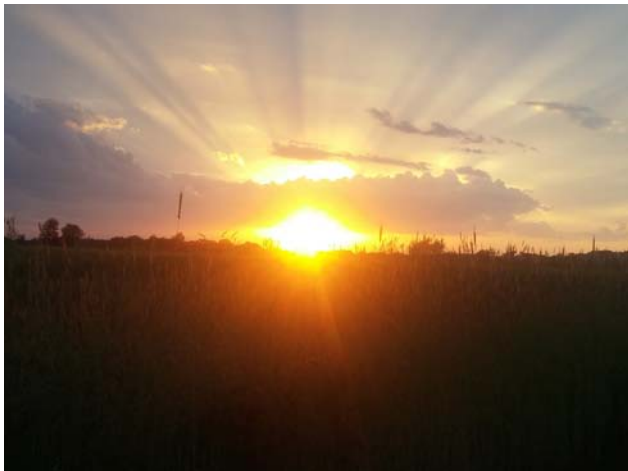
Yoga mat or blanket - for with scheduled Yoga practices

Drum or instrument of choice - Drum Circles & bonfires

Flashlight - for evening events

Clothing and shoes - that are comfortable and can get dirty.

*In case of inclement weather we will move activities to shed.
Check your email for notifications.*



Retreat Host will direct you to area for our opening ceremony. Some events will include Ala Carte options for purchase. Readings, Henna tattoos, Massage, Crafts, food, etc. Cash, Credit Cards and PayPal accepted.

All scheduled experiences are optional. There are meditation paths to roam, fields to view, drums to beat and bonfires to stoke. There are 2 indoor restrooms, a first aid kit and RO drinking water located in the Gray Ag Shed.

We look forward to connecting with you in Nature!